

# JUNE 2024

## PRAYER AND FASTING

HERMON  
CHRISTIAN  
CENTRE

### Day 3

#### 6AM PRAYER WATCH

- Thank God for the third and final day of this fast. (John 7:37-38).
- Thank God for renewing your strength and causing you to mount with wings like the eagle. (Isaiah 40:28-31).
- Thank God for sending the times of refreshing to you. (Acts 3:19-20).

- Ask the Holy Spirit to destroy and remove from your life any power or factor that does not allow you to “come up higher.” (Matthew 15:13).
- Ask the Holy Spirit to destroy and uproot anything in you that causes you to desire to look or go back like Lot’s wife did. (Luke 17:32; Genesis 19:26).
- Pray against the love of this world. (1 John 2:15-17).

#### 9AM PRAYER WATCH

- Ask that you might be given the two wings of a great eagle. (Revelation 12:14).
- Pray that the wind of the Spirit will cause you to soar higher and higher. (John 3:8).
- Pray that the wind of the Spirit will blow again in our church, Hermon Christian Centre. (Numbers 11:31).

#### NOON PRAYER WATCH

- Pray that as you partake of the Holy Communion service this evening that the resurrection power will be activated in your life. (Philippians 3:10).
- Declare that you are exempted from every form of destruction and plague. (Psalm 91:7-10).
- Declare that the Blood of sprinkling speaks only better things for you. (Hebrews 12:24).

#### 3PM PRAYER WATCH

**Holy Communion Service by 6pm (WAT) on YouTube: @hermoncentre**  
**Website: [www.hermoncentre.org](http://www.hermoncentre.org)**